

Being only the "helper" creates and upholds power differentials. Replicating savour complexes.

It is anti-community to not allow people to help you, but to be constantly helping others

IT CAN NOT BE
MUTUAL AID IF IT IS
NOT MUTUAL



THERE IS ONLY MORE
ABUNDANCE IN THE
FUTURE FOR THOSE
WHO PRACTICE LOVE
FOR ONE ANOTHER

Through times of use and
times of abstinence, my
relationship with drugs
remains positive

This is because of the depth of
love, safety, and community
drug users provide me.

IS NOT BASED
ON THE AMOUNT OF

RESOURCES

but the ways in which we
share & distribute resources

Wealth

I WANT TO SAY
THANK YOU TO DRUGS
FOR SAVING MY LIFE

for keeping me connected
to something bigger and
deeper than myself

For giving me a community that is
so beautiful. For helping me
understand the process, and the
journey.

It isn't just the physical transfer of aid -
it is also sharing stories, and
exchanging respect for one another

MUTUALITY

It is understanding that
drug users have as much to
offer you as you do to them
- and that the gifts they
share with you will come in
many shapes

These behaviours fulfill
basic human needs, which
is care in and of itself.

GET TO KNOW YOUR
NEIGHBOURS INCLUDING DRUG
USING COMMUNITY MEMBERS

We are not only here to look
out for one another, but to
engage in social behaviors
with each other through
speech, dance, and touch

COMMUNITY LOVE CARE KINDNESS

MUTUALITY

develops in community
WHEN CARE IS

reciprocal

With bidirectional
realistic expectations,
boundaries, and respect
for capacity

SUPPORT &
NON-JUDGEMENTAL CARE
ARE PILLARS OF
HARM REDUCTION

but support can
take many shapes -
such as comradery.

THEY ARE VALUABLE
MEMBERS OF THE
COMMUNITY AND DESERVE
LOVE AND RESPECT.

TRUST &
love
Drug users

They aren't "bad"
and neither are you.